

# Preventing peripheral neuropathy during Taxotere treatment.



[jholmq](#)

a day ago · [16 Replies](#)

A question: I will be starting Taxotere soon. Has anyone used the cold gloves and footwear to avoid issues with peripheral neuropathy, and how successful were they in avoiding this side effect? Thanks in advance for your response.

## 16 Replies

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[Shooter1](#)

a day ago

Iced hands and cold packed feet. added xtandi at cycle 5 and continued cold packs/ ice through cycle 9, Permanent neuropathy in both hands and feet. Combination pushed stage 4 cancer into remission with help of orchietomy. Cut xtandi dose in half. 2 years phys. ther. to get strength back to acceptable level.

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[Nalakrats](#)

in reply to [Shooter1](#)

a day ago

S\*\*\* Shooter, did you rid yourself of the numbness?

Nalakrats

[Reply](#)



Shooter1

in reply to Nalakrats

a day ago

No. Feet numb toes to heels. Hands- finger tips and back of hands. Now too burned to tell much about hands. Finished Taxatore in Feb. 2018.

[Reply](#)



Nalakrats

in reply to Shooter1

a day ago

I would have used something else, to help, during Chemo--but not worth mentioning--as it is water under the dam.

Sorry about the Neuro issues.

Nalakrats

[Reply](#)



CRK2

in reply to Nalakrats

19 hours ago

Interesting response...I'm about to start my bout with Taxotere...what is the water under the dam?

[Reply](#)



Captain Dave

in reply to Nalakrats

10 hours ago

Some of us are looking at starting chemo. Where can we get this water under the dam?

Thanks

[Reply](#)



jholmq

a day ago

Thanks for your input Shooter.

[Reply](#)



rust

19 hours ago

I finished round 6 last week and had none yet unless it develops afterwards.

[Reply](#)



easeytiger

14 hours ago

Hi. I've just finished 10 rounds of Docetaxel. From the first session I used cold mitts and socks with extra ice if the pouches were starting to melt. I've had no neuropathy, so consider myself to be fortunate with the side effects. Also wore a cold cap and sucked on ice chips.

[Reply](#)



6357axbz

in reply to [easeytiger](#)

12 hours ago

What cold mitts, socks and cold cap did you use? What brand names?

[Reply](#)



easeytiger

in reply to [6357axbz](#)

5 hours ago

Iceinger mitts and natracure socks both on Amazon. The icecap was supplied by the hospital

[Reply](#)



6357axbz

in reply to [easeytiger](#)

5 hours ago

Thanks

[Reply](#)



6357axbz

in reply to easeytiger

5 hours ago

Couldn't find Iceinger mitts on amazon or via google. Did the cold packs for the natracure socks last for the entire chemo session?

[Reply](#)



bellyhappy

10 hours ago

Just done with my 6 th and last infusion 100 days ago . I did use cold hand pad as well as cold pad socks. I had also sucked on ice cube during infusion. So far no neuropathy and impact on my taste buds was minimum.. drink a lot of fluid before and after infusion. Do some form of exercises as your body allows you to.. it helps a lot. Good luck and God bless

[Reply](#)



Three-tz

8 hours ago

We used ice packs on hands and feet, cold cap on head. No neuropathy so far. Completed 4 rounds m 2 to go. No fancy equipment just plain old ice pack with Velcro straps - good luck!

[Reply](#)



## Rexwaterbury

6 hours ago

I simply packed large freezer bags with ice and placed them below and above my feet. Likewise I held onto bags of ice. Sucked on ice chips. Started 30 minutes before chemo and stopped one hour after chemo. Minimal numbness on balls of feet. No hand issues. No taste issues. You will get hypothermic. Use an electric blanket. Wear a heavy coat.

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